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MICROBLADING PRECARE INSTRUCTIONS

It's best to wash your hair before your appointment since you are to keep your eyebrows dry for 7 days following the procedure.

Do not exercise on the day of your appointment as this will enlarge your pores.

No caffeine day of (tea or coffee unless it's herbal), chocolate, coke, etc.

You may fill in your eyebrows as you normally would. If you regularly get your eyebrows shaped, waxed, threaded or tinted, please refrain from doing so for at least 3 days before your appointment.

If you have been on prescription Accutane in the past, you **MUST** wait at least one year before considering this procedure. Doxycycline users are also encouraged to wait up to 6 months before receiving Microblading.

It is highly recommended that you avoid SUN and TANNING BED exposure for 30 days BEFORE and AFTER your procedure. If you show up for your appointment with a new tan or a sunburn, you will need to reschedule and will forfeit your deposit. As your skin exfoliates from a sunburn/tan, it will take the pigment with it.

No Advil, aspirin, Midol, ibuprofen or any other anti-inflammatories, or any blood thinning medication for a minimum of 48 hours prior to your appointment (one week is best). This also includes, Vitamin E, Aspirin, fish-oil supplements.

5 days prior:

No multi vitamins or vitamin e / fish oils

No waxing or tinting eyebrows.

2-3 weeks prior:

Avoid all abrasive treatments such as peels, laser treatments and similar

No retinol products on the brow area

No Botox or fillers

No tanning (sun beds or outdoors)

Please note:

Due to microblading being a form of semi-permanent makeup, you must plan for 4-6 weeks of healing time. Make sure you book your procedure with all special events/vacations in mind.